

*Jefferson Memory Care*  
"A happier life for everyone"

January/February 2017

**Jefferson Memory Care**

When a loved one encounters memory issues, unique challenges arise for the person affected and their family members. We at Jefferson Memory Care know the emotions they experience and the importance that human kindness plays in helping. We also believe that assuring the resident's personal dignity is the cornerstone of providing care.

*Jefferson Memory Care*

**Christmas Party 2016**



**Christmas with  
"Elvis"**



**Great Food,  
Family  
Friends  
And Fun!**



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## Residents of the Month

The Residents of the Month for January and February are Howard and Elaine Clout. The Clout's will be married for 67 years this September. Howard served in the Army during WWII. He worked as a semi-driver until the age of 82. In his spare time Howard enjoyed hunting and fishing. Elaine worked at the Sentry grocery store in Fort Atkinson for 60 years. She loved to cook, bake and play cards and games. Together the couple raised five children, and have three grandchildren.



## Shining Star Award Brandon Kellogg



The Shining Star for January is Brandon Kellogg. Brandon is not only an outstanding LE Assistant, he is also great team player, mentor and friend. Brandon is always willing to lend a helping hand, or listening ear to anyone in need. Whether it be fixing our computers or cheering up a co-worker having a bad day, Brandon is someone you can count on to save the day. Congratulations Brandon, you really are a "Shining Star!"

### Alzheimer's Myths

#### Myth 1: Memory loss is a natural part of aging.

**Reality:** As people age, it's normal to have occasional memory problems, such as forgetting the name of a person you've recently met. However, Alzheimer's is more than occasional memory loss. It's a disease that causes brain cells to malfunction and ultimately die. When this happens, an individual may forget the name of a longtime friend or what roads to take to return to a home they've lived in for decades.

It can be difficult to tell normal memory problems from memory problems that should be a cause for concern. The Alzheimer's Association has developed. If you or a loved one has memory problems or other problems with thinking and learning that concern you, contact a physician. Sometimes the problems are caused by medication side effects, vitamin deficiencies or other conditions and can be reversed with treatment. The memory and thinking problems may also be caused by another

#### Myth 2: Alzheimer's disease is not fatal.

**Reality:** Alzheimer's disease has no survivors. It destroys brain cells and causes memory changes, erratic behaviors and loss of body functions. It slowly and painfully takes away a person's identity, ability to connect with others, think, eat, talk, walk and find his or her way home.

#### Myth 3: Only older people can get Alzheimer's

**Reality:** Alzheimer's can strike people in their 30s, 40s and even 50s. This is called younger-onset Alzheimer's. It is estimated that there are more than 5 million people living with Alzheimer's disease in the United States. This includes 5.2 million people age 65 and older and 200,000 people younger than age 65 with younger-onset Alzheimer's disease

#### Myth 4: There are treatments available to stop the progression of Alzheimer's disease

**Reality:** At this time, there is no treatment to cure, delay or stop the progression of Alzheimer's disease. FDA-approved drugs temporarily slow worsening of symptoms for about 6 to 12 months, on average, for about half of the individuals who take them.

# Administration Corner

Hello Everyone! It's been a pleasure getting to know everyone as I've been settling in! I wanted to talk a little bit about the Holiday season and its importance to all of us, during the December month and into the New Year. The holidays allow us to become closer with family, relax from our chaotic lives, and do a little good for others. We, at Jefferson Memory Care, are doing a special donation project for the Jefferson County Human Services Department! Any unopened gloves, hats, and winter gear are welcomed! Even in the New Year, we can continue to do good to our fellow men! We strive to do our best to care for your loved ones and keep the holiday spirit alive always. Have a good holiday season and a happy New Year from all of us at Jefferson Memory Care!

Sincerely,  
Noelle Wiebusch, Administrator

## Notes From Resident Health Services

The JMC Residential Services team is pleased to announce the addition of a new RHC to the team. Please help us welcome Corrissa Janke. Corissa is taking over for Amanda Halfman who has accepted a new possession closer to home. We wish Amanda well and success in her new role. Corrissa was formally a RCC3 and scheduler on the AM shift. She has worked in the health care field for over 21 years. Corrissa looks forward to working with everyone and growing with JMC.



## More JMC Fun



## JMC Valentine's Day Party

Tuesday, February 14, 2017  
1:30pm

Music by Patricia Stone

In the JMC Bistro

Family and Friends are  
Welcome

We hope you all can join us for an afternoon of romance, snacks, and romantic music.



## Notes from Dietary

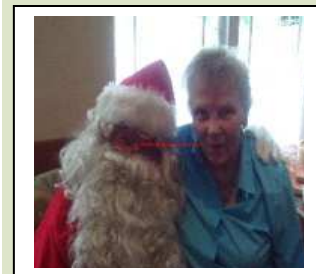
Happy New Year's to one and all! With the holidays behind us, it's time for many to think of "New Year's resolutions". A common resolution is to eat healthier. There are many opinions, books, etc. on how to do this best. However, there is a simple way to look at "diets" in general. This includes a variety of nutritious foods and maintain moderation overall.

Maintaining our residents nutritional status can be challenging at times due to factors associated with memory care. If you know of family favorite menus or even recipes that your loved one enjoyed in the past, we welcome you to share them with us! We have a suggestion box located at the front desk here you can submit your ideas. We love to see our residents enjoy their meals especially with old time favorites!

We also welcome any suggestions and comments you may have regarding meals and dining.

## Environmental Services

The JMC Environmental Services team is hard at work keeping the building cleaned and the walks free of ice and snow. Dennis and Maria would like to wish everyone a safe and happy New Year! Please continue to let us know if we can be of assistance in any way.



## January/February Events and Activities

*Every Tue Morning: Bible Study*  
*Every Monday Afternoon: BINGO*  
*Every 2<sup>nd</sup> Thursday Afternoon: Pet Therapy*  
*Every 4<sup>th</sup> Wednesday Afternoon Resident Council*

1/3 Music by Dick Larson  
 1/7 Monthly Birthday  
 1/10 Music by Music Dr's  
 1/12 Sassy Stepper's Dance Group  
 1/17 Winter Luau with Music by Bahama Bob  
 1/19 Music by Bill Webb  
 1/24 Music by Karen Wickham  
 1/26 Music by Jeanette Crossman  
 1/31 50's Party Featuring "Elvis" impersonator Tony Rocker  
 2/2 Music by Al Anderson  
 2/7 Music by Cowboy Bob  
 2/14 Valentine Party: Music by Patricia Stone  
 2/16 Music by Bill Webb  
 2/21 Music by Bahama Bob  
 2/23 Music by Bill Hill  
 2/28 Music by Randy Kiel

## Resident Birthdays



1/11 Diane Reinke	2/5 Shirley Thorstead
1/20 Donna Behnke	2/16 Elaine Cloute
1/22 David Maahs	2/21 Marg Tremain
1/25 Stanley Wolff	2/25 Shirley Webb
1/24 Erlene Eggert	2/28 Delores "Grandma" Breitzkreutz

## Staff Birthdays

1/26 Nancy Q	1/20 Kirsten W
2/10 Gretchen W	2/22 Kayla P
2/12 Bev J	

## In Memory.....

- ❖ Geraldine "Jerie" Lapp
- ❖ Eugene "Gene" Johnson
- ❖ Patricia Eikland



## Welcome New Staff:

Mary Botcher RCC	Alisa Zernicke LE
Tanya Briscoe RCC	Kayla Peschel RCC
Laura Konke RCC	Amy Brown RCC
Heather Lee RCC	Mary Moulding RCC
Colleen Montevilla RCC	Nikki Riegler RCC
Jake Parent DA	Leslie Avalos RCC
Lori Shireman RCC	Allison Berg RCC
Jazmin Soto DA	Jessica Vick

## Welcome new Residents:

George Baxter	Laverne Zoellick
Nancy Christian	Violet Swiggum
Cami Wilke	
Steve Salley	
Doris Zimmerman	



